

## JUICY SNACKS

PERFECT SNACK  
FOR ANY TIME OF  
THE DAY

**DIPS:** GUACAMOLE/YOGUR SAUCE/BBQ/CURRY & MANGO/MEXICAN SAUCE  
MAYO/CHIPOTLE MAYO/ SRIRACHA MAYO /SATAY PEANUT SPICY SAUCE

## HEALTHY BURRITOS

CHOOSE YOUR TORTILLA: CLASSIC/WHOLEWHEAT

**HOT CHICKEN BURRITO... 6.90€**  
Brown tortilla, mexican sauce chicken, guacamole, sweet potato, crispy onion, cheese mix, chipotle mayo

**CHILI CON CARNE... 6.90€**  
Brown rice, chili con carne, guacamole, cheese mix, sweet corn & jalapeños

**CHICKEN CURRY BURRITO... 6.90€**  
Brown rice, lettuce, chicken, mango, brie cheese, crispy onion, guacamole and curry & mango sauce

**QUINOA BURRITO ROLL... 6.90€ (V6)**  
Rainbow quinoa, spinach, hummus, sundried tomato avocado, edamame, carrot and cilantro vinaigrette

**SALMON CREAM POKE-BURRITO... 7.90€**  
Sushi rice, marinated salmon, cream cheese, avocado, crispy wakame, sweet corn, crispy onion & teriyaki sauce

**SPICY TUNA POKE-BURRITO... 7.90€**  
Sushi rice, spicy tuna, sesame, guacamole, edamame, jalapeños, carrot & sriracha mayo

## MARKET BOWLS

COLD GRAIN BOWLS 8.90€

**QUINOA CURRY BOWL**  
Rainbow quinoa, spinach, sundried tomato, avocado, carrot, sweet corn, crispy onion, parmesan and curry & mango sauce

**ASIAN TERIYAKI BOWL**  
Sushi rice, avocado, chicken, boiled egg, edamame, sesame, crispy wakame & teriyaki sauce

**THAI CHICKEN BOWL**  
Sushi rice, chicken, coco, cucumber, sweet corn, lime, carrot, avocado, satay peanut spicy sauce

**CHILI JALAPEÑO BOWL**  
Brown rice with a touch of cilantro, chili con carne, guacamole, sweet potato, jalapeños, cheese mix & chipotle mayo

**SMOKED SALMON BOWL**  
Brown rice, smoked salmon, edamame, cucumber, spinach, sesame, boiled egg, guacamole, cilantro vinaigrette

**FALAFEL BOWL**  
Rainbow quinoa, falafel, carrot, cucumber, caramelized onion, cherry tomato, kale, hummus, pumpkin seeds & yogur sauce

**POWER BOWL**  
Brown rice, chickpeas, avocado, sundried tomato, chia, aubergine hummus, almonds & pesto

## CREPES

HOMEMADE DOUGH

**TURKEY & CHEESE... 5.40€**  
Turkey, melted cheese and mozzarella

**CHICKEN CHIPOTLE... 5.90€**  
Chicken, bacon, cheese mix, guacamole & chipotle mayo

**BBQCREPE... 5.90€**  
Chicken, bacon, melted cheese, crispy onion & BBQ sauce

**CHAMPIGNON FONDU... 5.90€**  
Mushrooms, caramelized onion, brie, cheese mix & mozzarella

**AVOCADO & TOMATO... 6.40€**  
Sundried tomato, mozzarella, avocado, parmesan & pesto sauce

## AVO TOAST

MULTIGRAIN BREAD + OLIVE OIL + BLACK PEPPER

- |   |       |
|---|-------|
| GRATED TOMATO, AVOCADO, SESAME (V6)                     | 4.20€ |
| AVOCADO, STIR-FRIED EGG, CHIA, LIME                     | 4.20€ |
| CREAM CHEESE, SMOKED SALMON, AVOCADO, WALNUTS           | 5.20€ |
| TURKEY, MOZZARELLA, AVOCADO, PUMPKIN SEEDS, PESTO       | 4.90€ |
| HUMMUS, AVOCADO, EDAMAME, CRISPY ONION, MAYO SRIRACHA 🍴 | 4.90€ |

**JUICY MENU**

ADD: JUICE/SMOOTHIE/FRAPPE

☑️ +3€

☑️ +4€

☑️ +1€

COFFEE: ESPRESSO/MACCHIATO/CAFFE LATTE/TEA

MAKE YOUR FOOD A MENU

## MAKE YOUR OWN

CHOOSE YOUR FOOD

- WRAP 2€**  
TORTILLA: CLASSIC/WHOLEWHEAT BASE: LETTUCE/MEZCLUM/SPINACH/KALE
- SALAD 2€**  
TORTILLA: NO TORTILLA/CLASSIC/WHOLEWHEAT BASE: LETTUCE/MEZCLUM/SPINACH/KALE
- MARKET BOWL 2.90€**  
BASE: SUSHI RICE/BROWN RICE/CHICKPEAS/RAINBOW QUINDA
- CREPE 2.90€**  
BASE: HOMEMADE CREPE
- JUICY BAGEL 2€**  
TYPES: NATURAL · SESAME · CHEESE · MULTIGRAIN · GARLIC & ONION SEEDS · CHEESE & JALAPEÑOS
- HEALTHY BURRITO 3.50€**  
TORTILLA: CLASSIC/WHOLEWHEAT BASE: BROWN RICE/CHICKPEAS/RAINBOW QUINDA  
PROTEIN: CHICKEN WITH MEXICAN SAUCE/CHIPOTLE CHICKEN 🍴/CHILI CON CARNE/FALAFEL

### INGREDIENTS

**EASY +1€**

LETTUCE · MEZCLUM · SPINACH · KALE · CARROT · SWEET CORN · CELERY · CHERRY TOMATO  
MUSHROOMS · CUCUMBER · MANGO · PINEAPPLE · STRAWBERRY · WALNUT · AVOCADO · EDAMAME  
CHICKPEAS · SUNDRIED TOMATO · CARAMELIZED ONION · BOILED EGG · GUACAMOLE · HUMMUS  
ALMONDS · FIT GRANOLA · TOTOPO CHIPS · SESAME · CROUTONS · PUMPKIN SEEDS · CHIA SEEDS  
CRISPY ONION · RASPBERRY JAM · BUTTER · TURKEY SLICE · JALAPEÑOS 🍴 · BROWN RICE  
CHEESE MIX · CHEESE SLICE · CREAM CHEESE · PARMESAN · MOZZARELLA

**PREMIUM +2€**

CHICKEN · CHILI CON CARNE · BACON · FALAFEL · SMOKED SALMON · STIR-FRIED EGG  
AUBERGINE HUMMUS · SWEET POTATO · RAINBOW QUINDA · BRIE CHEESE

### SAUCES & DIPS +1€

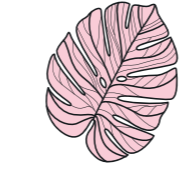
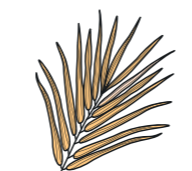
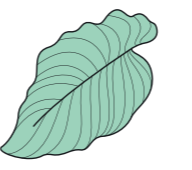
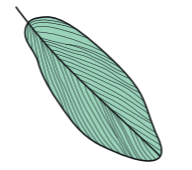
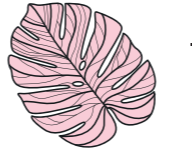
CESAR SAUCE · YOGUR SAUCE · BBQ SAUCE · TERIYAKI · MAYO · MEXICANA SAUCE 🍴  
CURRY & MANGO · CHIPOTLE MAYO 🍴 · SRIRACHA MAYO 🍴 · SATAY PEANUT SPICY SAUCE 🍴  
OLIVE OIL & BALSAMIC · CILANTRO VINAIGRETTE · PESTO · SOYA SAUCE

## JUICY BAGELS

CHOOSE THE BREAD FLAVOR OF YOUR BAGEL

**NATURAL · SESAME · MULTIGRAIN · CHEESE · GARLIC & ONION SEEDS · CHEESE & JALAPEÑOS**

- SALMON & AVOCADO... 5.90€**  
Cream cheese, smoked salmon, avocado
- BBC... 5.40€**  
Brie cheese, bacon, mushrooms
- EGG & SALMON... 5.90€**  
Smoked salmon, spinach, boiled egg, mayo
- MOZZARELLA & AVO... 5.90€**  
Spinach, mozzarella, avocado, pesto, pumpkin seeds
- CHICKEN PESTO... 5.90€**  
Chicken, sundried tomato, mozzarella, pesto
- GUACAMOLE CHICKEN... 5.90€**  
Chicken, bacon, guacamole, brie cheese
- SPICY CHICKEN... 5.90€**  
Chicken, melted cheese, guacamole, jalapeños, chipotle mayo
- CHICKEN CESAR... 5.90€**  
Lettuce, chicken, bacon, parmesan Cesar sauce
- CHICKEN FAJITAS... 5.90€**  
Chicken, melted cheese, crispy onion, mexican sauce
- CHICKEN BBQ... 5.90€**  
chicken, bacon, melted cheese, BBQ sauce
- CURRY-MANGO CHICKEN... 5.90€**  
Curry mango sauce, spinach, caramelized onion, guacamole
- CHICKEN SATAY... 5.90€**  
Chicken with satay peanut spicy sauce, carrot, lettuce, cucumber
- BOOM BAGEL... 5.90€**  
Stir-fried egg, melted cheese, guacamole, bacon, chipotle mayo
- VEGGIE HUMMUS... 5.90€**  
Mezclum, aubergine hummus, chia, cucumber, sundried tomato



## JUICY POKE BOWLS

MAKE YOUR OWN

**REGULAR** 7.90€

**BIG** 9.90€

**1 CHOOSE THE BASE:**

SUSHI RICE

BROWN RICE

RAINBOW QUINOA

MEZCLUM

**2 PROTEIN:**

CHOOSE FROM 1 TO 2 PROTEIN:

SALMON MARINATED IN POKE SAUCE

TUNA MARINATED IN POKE SAUCE

SPICY TUNA 🍴

SPICY SALMON 🍴

FALAFEL

*\*Extra Protein: +2.5€*

**3 TOPPINGS:**

EDAMAME

CARROT

CUCUMBER

MANGO

PINEAPPLE

STRAWBERRY

SWEET CORN

SPINACH

MEZCLUM

KALE

CHERRY TOMATO

SUNDRIED TOMATO

FRESH MUSHROOM

CARAMELIZED ONION

BOILD EGG

STIR-FRIED EGG

HUMMUS

AUBERGINE HUMMUS

GUACAMOLE

1/4 AVOCADO

**REGULAR: 4 TOPPINGS**

**BIG: 5 TOPPINGS**

**4 CRUNCHY TOPPINGS:**

SESAME

CHIA SEEDS

WAKAME CRISPY

CRISPY ONION

JALAPEÑOS 🍴

PUMPKIN SEEDS

ALMONDS

**REGULAR: 1 CRUNCHY**

**BIG: 2 CRUNCHY**

*\*Extra Crunchy Topping +1€*

**5 CHOOSE THE SAUCE:**

CLASSIC POKE

PONZU SAUCE

TERIYAKI

SOYA SAUCE

SATAY PEANUT SPICY SAUCE 🍴

CHIPOTLE MAYO 🍴

SRIRACHA MAYO 🍴

**REGULAR: 1 SALSA**

**BIG: 2 SALSAS**

*\*Extra salsa +1€*

**PICANTE**

## ENGLISH MENU



# JUICY AVENUE

EAT FRESH · DRINK HEALTHY!

MADRID · BARCELONA · LAS PALMAS DE GRAN CANARIA



TAKE AWAY



DELIVERY



#juicyavenue  
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IVA & IGC INCLUIDO

# JUICY MORNINGS

TODOS LOS DIAS HASTA LA 1:00 PM

## BAKERY & CAKES

Butter croissant	1.50€
Turkey & cheese croissant	2.20€
Butter and jam croissant	2.00€
Banana, cinnamon & oats loaf	2.20€
American style cake Portion	3.90€

## CLASSIC BARRITAS

Grated tomato & olive oil	1.80€
butter & raspberry jam	1.80€

## AVO TOAST MULTIGRAIN BREAD + OLIVE OIL + BLACK PEPPER

Grated tomato, avocado, sesame	4.20€
Avocado, stir-fried egg, chia, lime	4.20€
Cream cheese, smoked salmon, avocado, walnuts	5.20€
turkey, mozzarella, avocado, pumpkin seeds, pesto	4.90€
Hummus, avocado, edamame, crispy onion, sriracha mayo	4.90€

## STAY HEALTHY

Oats Porridge with banana, coco, cinnamon, honey and milk	4.50€
Bowl with strawberry, banana, blueberry, fit granola, honey and yogurt	4.50€
Juicy Classic Açaí bowl	6.50€

## PANCAKES ADD THE PANCAKE FLAVOR AND THEN ADD TOPPINGS

Original butter pancakes	2.90€
Chocolate pancakes	3.50€
Banana, cinnamon & oat pancakes	3.50€
Add TOPPINGS +0.70€	

## BREAKFAST BAGELS

Nutella with banana	3.40€
Cream cheese	3.00€
Peanut butter fit	3.00€
Butter & Jam	3.40€
Grated tomato with olive oil	3.00€
Turkey, mozzarella and melted cheese	3.40€
Cream cheese and smoked salmon	5.00€

## EGGS

Scrambled eggs with melted cheese and toasted ciabatta	4.00€
Bagel with scrambled eggs, bacon, melted cheese and mayo	5.90€
Waffle with stir-fried egg, bacon, guacamole and sesame	5.90€
Pancakes with stir-fried egg, bacon, butter and maple syrup	5.90€

**JUICY BREAKFAST**

JUICE / SMOOTHIE / FRAPPE

 +3€	 +4€
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COFFEE / TEA/ HOT CHOCOLATE

 +1€
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### OUR MILKS

- WHOLE MILK
- LOWFAT MILK 0%
- LACTOSE FREE MILK
- SOYA MILK 0%
- ALMOND MILK 0%



### OUR BAGELS

- NATURAL
- SESAME
- MULTIGRAIN
- CHEESE
- GARLIC & ONION SEEDS
- CHEESE & JALAPEÑOS

# HEALTHY DRINKS

ALWAYS FRESH

## FRESH JUICES

100% FRUITS & VEGGIES



- ORANBERRY**  
Strawberry, banana, orange
- SANDYS**  
Pineapple, passion fruit, orange
- EXPLOSION**  
Mango, pineapple, coco, orange
- ISLAND**  
Banana, mango, orange
- FOREVER YOUNG**  
Blueberry, strawberry, papaya, orange

## CREATE YOUR JUICE/SMOOTHIE

MAKE YOUR FAVORITE JUICE OR SMOOTHIE!



### CHOOSE A LIQUID BASE

- ORANGE · CARROT · APPLE · CUCUMBER
- WATERMELON · COCO H2O · MILK
- SOY MILK 0% · ALMOND MILK 0%
- LOWFAT MILK 0% · LACTOSE FREE MILK 0%
- NATURAL YOGURT · FROZEN YOGURT

### ADD FRUITS & VEGGIES

ORANGE	BANANA	CUCUMBER
WATERMELON	COCO	CELERY
PAPAYA	LIME	KALE
STRAWBERRY	PINEAPPLE	APPLE
MANGO	PASSION FRUIT	GINGER
CARROT	BLUEBERRY	SPINACH

### SUPERFOODS +0.70€

- FIT GRANOLA
- AVOCADO
- CHIA
- WALNUTS
- ALMONDS
- OATS
- PUMPKIN SEEDS
- ORGANIC AGAVE
- PEANUT BUTTER FIT
- GREEN MATCHA

### BOOSTERS +1€

- ENERGY MIX
- RECOVERY MIX
- ANTIOX MIX
- VANILLA PROTEIN
- CHOCOLATE PROTEIN
- HEMP PROTEIN (VG)

## SUPERFOOD JUICES

100% FRUIT + VEGGIES + SUPERFOODS



### 1º ROYAL MORNING

Apple, carrot, cucumber, lime, spinach, celery, green matcha, organic Agave

### 2º BE AWAKE

Almond milk 0%, avocado, mango, blueberry, peanut butter fit, energy mix

### 3º RAW LOVE

Mango, papaya, cucumber, apple, walnuts, coco h2o, kale, chia seeds

### 4º BLUEBERRY BOOST

Blueberry, apple, pineapple, ginger, lime, coco h2o y antiox mix

### 5º AÇAÍ POWER

Açaí puree, peanut butter fit, apple, blueberry, strawberry, organic agave

### 6º SWEET DREAMS

Banana, pineapple, papaya, mango, oats, cinnamon, orange

## SMOOTHIES

MILK BASE  
CHOOSE THE MILK THAT MAKES YOU FEEL BETTER



- BANANABERRY**  
Strawberry, banana, frozen yogurt
- BANANALICIOUS**  
Banana, mango, coco, frozen yogurt
- BERRY MANIAC**  
Strawberry, passion fruit, blueberry frozen yogurt
- CINNAMON**  
Banana, coco, cinnamon, frozen yogurt
- BANANILLA**  
Banana, vanilla, honey, frozen yogurt
- PINK VANILLA**  
Strawberry, vanilla, maple syrup
- AVO SHAKE**  
Avocado, banana, agave, frozen yogurt
- HEALTHY PIÑA COLADA**  
Pineapple, coco, banana, honey, frozen yogurt
- COFFEE VAINILLA CREAM**  
Coffee Shot, vanilla, frozen yogurt
- CREAMY CHAI LATTE**  
Chai Latte with frozen yogurt
- AÇAÍ SMOOTHIE +2€**  
Açaí, strawberry, banana, frozen yogurt

*FITNESS +1€ smoothies*

### PRE-WORKOUT - ENERGY

Banana, strawberry, fit granola, energy mix and milk

### POST-WORKOUT - RECOVERY

Banana, mango, oats, agave, recovery mix and milk

### PROTEIN

Banana, peanut butter fit and milk, Proteins: vanilla, chocolate or hemp

### ANTIOXIDANT

Blueberry, strawberry, walnuts, antiox mix and milk

## ENERGY BOWLS

CREATE YOUR AÇAÍ 5€ + TOPPINGS

Açaí puree, banana, granola fit + ADD TOPPINGS



**JUICY CLASSIC AÇAÍ**  
Açaí, fit granola, banana, strawberry, blueberry, coco & honey  
6.50€

**FIT AÇAÍ NUTS**  
Açaí, coco h2o, peanut butter fit, fit granola, banana, strawberry, cocoa, walnut & honey

**YOGUR-AÇAÍ**  
Açaí, frozen yogurt, fit granola, coco, pineapple, strawberry, passion fruit & chia

**SWEET BERRY AÇAÍ**  
Açaí, mango, fit granola, strawberry, banana, condensed milk & almonds

**OREO STORM AÇAÍ**  
Açaí, frozen yogurt, fit granola, mini oreo, kinder sauce, white chocolate

**BERRY CHIA BOWL**  
Natural yogur, strawberry, chia, fit granola, banana, blueberry coco & honey

**MATCHA BOWL**  
Natural yogur, green matcha, fit granola, strawberry, pineapple, coco, walnut & agave

**PASSION FRUIT BOWL**  
Natural yogur, passion fruit, fit granola, coco, almonds, peanut butter fit & cinnamon

**BOWL DE FRUTA CORTADA 4€**  
Pineapple, banana, strawberry, apple, watermelon

## FROZEN YOGURT

GLUTEN FREE & LOW FAT

**FROZEN YOGURT 2.50€**  
+ TOPPING 0.70€

### GRANOLA PARFAIT... 3.70€

Frozen yogurt, fit granola, honey

### OREO PARFAIT... 4.50€

Frozen yogurt, mini Oreo & Nutella

### BANANA CARAMEL PARFAIT... 4.90€

Frozen yogurt, banana, chips ahoy & dulce de leche

### KINDER PARADISE PARFAIT... 4.90€

Frozen yogurt, Kinder sauce, kit kat & white chocolate

## DRINKS

NATURAL WATER	1.60€
COCA COLA	2.20€
COCA COLA ZERO	2.20€
CRAFT BEER	2.50€
TOASTED CRAFT BEER	3.20€
IPA CRAFT BEER	3.20€

## PANCAKES CREPES & WAFFLES

TOTALLY DELICIOUS!!



CHOOSE YOUR FAVORITE!!!

ORIGINAL BUTTER PANCAKES	2.90€
CHOCOLATE PANCAKES	3.50€
BANANA, OATS & CINNAMON PANCAKES	3.50€
ORIGINAL CREPE	2.90€
BELGIAN WAFFLE	2.90€

ADD TOPPINGS +0.70€

## TOPPINGS

+0.70 €

ADD TOPPINGS TO ANY PRODUCT!

### FRUTA TOPPINGS

MANGO	BANANA
PINEAPPLE	WATERMELON
STRAWBERRY	PASSION FRUIT
COCO	BLUEBERRY
PAPAYA	APPLE

### CRUNCHY TOPPINGS

WALNUT	OREO
CHIA	M&M
FIT GRANOLA	KIT KAT
OATS	CHIPS AHJOY
PUMPKIN SEEDS	ALMONDS

### SALSA TOPPINGS

KINDER	HONEY
FERRERO	AGAVE SYRUP
MAPLE SYRUP	NUTELLA
FIT PEANUT BUTTER	CREAM
CONDENSED MILK	DULCE DE LECHE
RASPBERRY JAM	WHITE CHOCO
	BLACK CHOCO

			
350ML	500ML	500ML	1L

## SHAKES

WITH CREAM  
MILK BASE + FROZEN YOGURT



MY SHAKE ADD 2 OF YOUR FAVORITE TOPPINGS!

- OREO VAINILLA CREAM
- NUTELLA & COOKIES
- CARAMEL & COOKIES
- KIT KAT & WHITE CHOCO
- KINDER CHOCO SHAKE
- FERRERO & HAZELNUT SHAKE
- STRAWBERRY, VANILA & WHITE CHOCO
- M&M, PEANUT BUTTER & CHOCO

## FRAPPES

MILK BASE + ICE  
ASK FOR CREAM!



CAFFE LATTE FRAPPE

MOKA CHOCO FRAPPE

MOKA WHITE CHOCO FRAPPE

MOKA CARAMEL FRAPPE

CHOCOLATE FRAPPE

WHITE CHOCO FRAPPE

CHAI LATTE FRAPPE

MATCHA TEA FRAPPE

## COFFEE

CHOOSE THE MILK THAT MAKES YOU FEEL BETTER



ESPRESSO	1.20€
MACCHIATO	1.20€
AMERICANO	1.30€ 1.60€
BOMBON	1.50€ 1.90€
CAFFE LATTE	1.40€ 1.70€
CAPUCCINO	1.50€ 1.90€
CAPUCCINO CREAM	1.90€ 2.50€
MOKA	1.90€ 2.50€
WHITE CHOCO MOKA	1.90€ 2.90€
CARAMEL MOKA	1.90€ 2.90€
ICED COFFEE	2.50€ 3.50€
ICED CAFFE LATTE	2.50€ 3.50€
HOT CHOCOLATE	3.20€
MATCHA TEA LATTE	3.20€
CHAI LATTE	3.20€
ORGANIC TEA	2.20€

BLACK TEA WITH CINNAMON · ENGLISH BREAKFAST  
GREEN TEA · PEPPERMINT · ROOIBOS